

News Release

FOR IMMEDIATE RELEASE

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LABOR DAY BRINGS REDUCED WORK HOURS FOR TEENS

Indianapolis, IN – The Indiana Department of Labor is reminding businesses that employ 14 and 15 year olds that beginning Labor Day these teens are limited to working only three hours a day and 18 hours a week. These school year hours remain in effect until June 1st of next year.

Pete Rimsans, director of the Bureau of Child Labor, also reminds employers that all teens working six or more consecutive hours are now required by law to receive a 30-minute rest break.

Rimsans said it is important for employers to be aware of this seasonal change. He said the laws restricting the working hours of these young teens have been designed to place greater emphasis on their education. "We realize that work is important to teens, so we encourage employers to help teens balance their work in a way that won't affect their grades or attendance," Rimsans said.

In addition to the reduction in total work hours, the school year also brings an adjustment to how late teens may work. Fourteen and 15 year olds may not work after 7:00 p.m. Teenagers who are 16 or 17 years of age may not work more than 30 hours per week or eight hours per day. In general, 16 and 17 year-olds may not work later than 10:00 p.m. However, if the employer has written permission from the minor's parent, 16-year olds may work until midnight on nights not followed by a school day and 17-year olds may work until 1:00 a.m. on no more than two nights per week.

If employers have questions they should call 1-888 TEEN WORK or log onto www.teenworker.org.

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This release is available on the Internet at <http://www.state.in.us/labor/childlabor/news.html>

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